

## **EARTHQUAKES**

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Although not commonly catastrophic, earthquakes do occur in this area.

### **If you are inside during an earthquake:**

1. **Stay inside.** Crawl under a sturdy table or desk for protection from falling objects. If that is not possible, get against an interior wall and protect your head and neck with your arms.
2. **Do not** stand in a doorway.
3. Stay near the center of the building, away from windows, mirrors, overhead fixtures, shelving, cabinets, and electrical equipment.

### **If you are outside during an earthquake:**

1. **Stay outside.** Move into an open area away from buildings, power lines, trees, and other overhead objects.
2. If you are in a vehicle, stay inside until the shaking has stopped.

### **After an earthquake**

1. Be prepared for aftershocks.
2. Assess the situation in your immediate area. Look for:
  - a. Injured or trapped people – **see Medical Emergencies.**
  - b. Structural failure, shelving collapse, and other related problems – **see Structural Failure or Shelving Collapse.**
3. Call for assistance depending upon the type of situation.

### **Additional Notes:**

1. Open doors carefully. Watch for falling objects.
2. Do not use elevators, plumbing, or gas until told it is safe to do so.
3. Do not use matches, lighters, or other sources of heat or flame.
4. Replace telephone handsets on their cradles and restrict use to emergency situations.